

# 12TH ANNUAL BRAIN HEALTH FORUM

June 4, 2024 | 9:00a-2:00p

**MEETING THE CHALLENGES  
OF DEMENTIA**



## -Topics Presented by Local Experts -

**Dr. Mitsuo Tomita**

Alcohol and Dementia

**Brenda-Lee Smith, BSN**

Senior Housing Options

**Jennie MacGoy**

Benefits of Yoga for Families

Living with Dementia

**Dr. Joe Casciani**

Dementia-Related Behaviors:  
Understanding the Triggers and  
How to Manage Them



### Free Cognitive Screening

Confidential, free, non-diagnostic cognitive screenings offered during the Forum



### Dementia Live - Virtual Demonstration

You'll look at everyday life through a new lens. An experience what life might be like living with cognitive impairment and sensory change.



### Continental Breakfast & Lunch

Focus on what's important and let us do the rest; light breakfast and lunch will be provided during attendance



### Resources & Experts

Many local experts and resources will be available to assist you while at the Forum

REGISTER at [www.sddementia.org/sddc\\_brain\\_health\\_forum](http://www.sddementia.org/sddc_brain_health_forum)

or call 619.786.8055



Questions: [gshimer@oakmontmg.com](mailto:gshimer@oakmontmg.com)



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